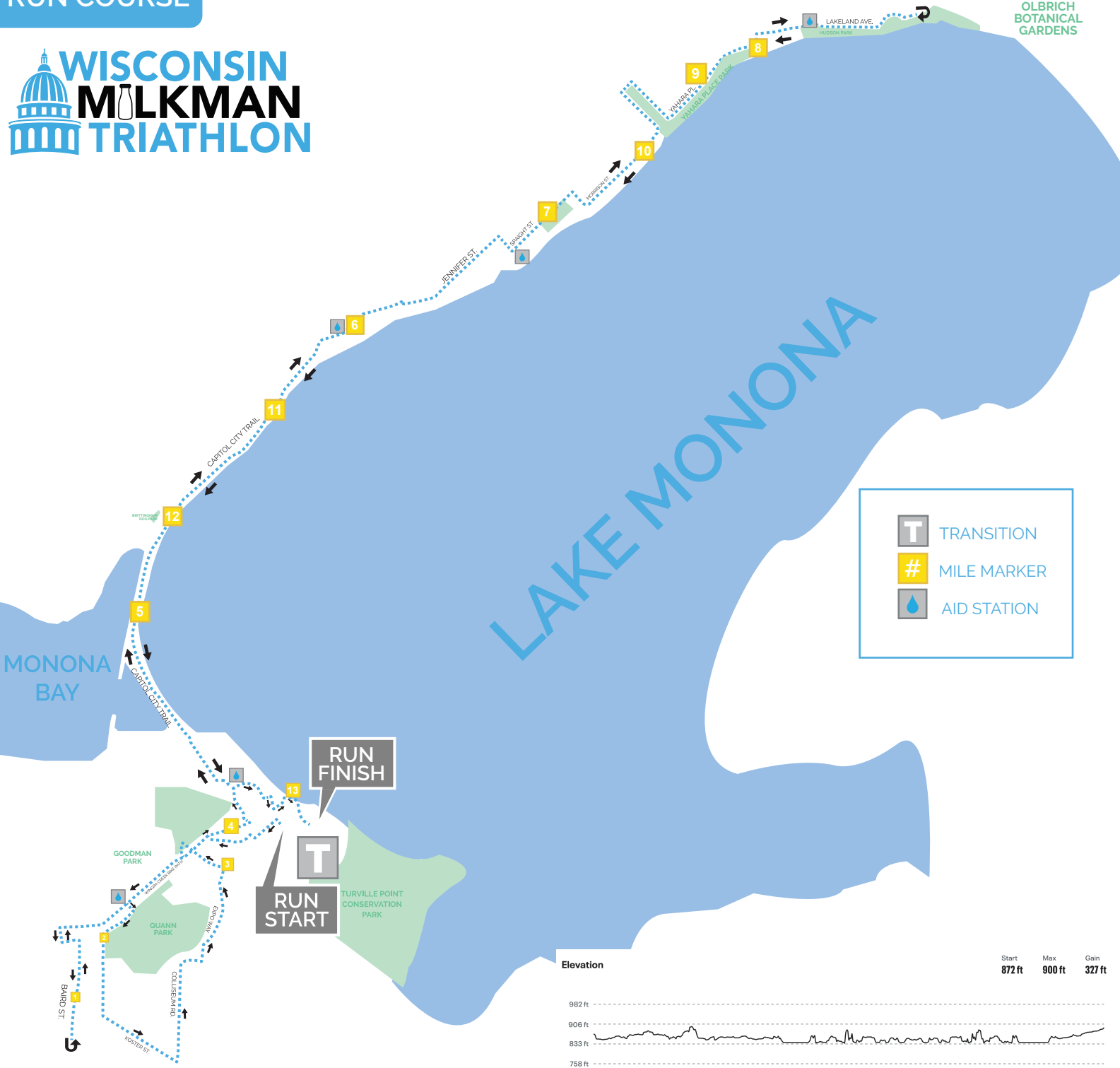


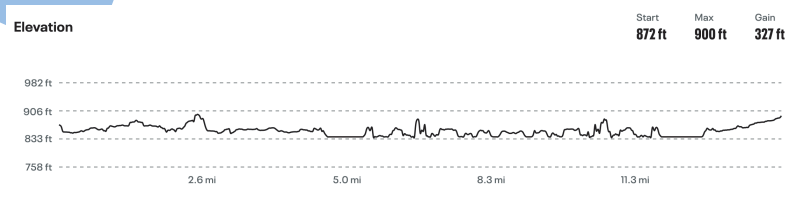
RUN COURSE



T TRANSITION

MILE MARKER

AID STATION



» 13.1 Miles
 » Madison, Wisconsin

- Leave transition onto Olin-Turville Ct.
- Left onto Wingra Creek Bike Path
- Follow trail to the left – runners stay on left until after bridge then switch to right side
- Left on trail over the creek
- Left onto Wingra Dr (becomes Baird St) – out and back runners on left side. Runners staying on right of out and back.
- Turnaround at Center St. – runners staying right and hugging curb
- Right on bridge over creek to Wingra Creek Prky trail – runners staying right
- Right onto trail
- Cross Bram St to Koster (runners in right lane, with traffic)
- Left onto Rusk/Expo Dr – follow left towards W Olin Ave -
- Left on trail downramp
- Follow trail as it takes a left down to Wingra Creek Bike Path
- Left on Wingra Creek Bike Path - runners MUST stay left!!
- Follow left at trail Y
- Left on Olin-Turville Ct./Lakeside St
- Left onto Capital City Bike Trail
- Right onto Jenifer St
- Right onto Spaight St
- Right onto Ingersoll St
- Left onto Rutledge St
- Right onto Baldwin St
- Left onto Morrison St
- Left onto Thornton Ave
- Right across pedestrian bridge
- Right onto Riverside Dr
- Left onto Yahata Pl
- Left onto Dunning St
- Right onto Lakeland Ave
- Follow Right onto Lakeland Ave at Hudson Ave
- Turnaround at Lakeland Ave and Welch Ave
- Continue Left on Lakeland Ave
- Left onto Dunning St
- Right onto Yahara Pl
- Right onto Riverside Dr
- Left across pedestrian bridge
- Left onto Thornton Ave
- Right onto Morrison St
- Right onto Baldwin St
- Left onto Rutledge St
- Right onto Ingersoll St
- Left onto Spaight St
- Left onto Jenifer St
- Left onto Capital City Bike Path
- Left onto Olin-Turville Ct./Lakeside St
- Left onto Lakeside St
- Left onto Edgewater Ct.
- Turn Around
- Left on Lakeside St
- Left on Lakeside St
- Straight across pedestrian bridge
- Left across parking lot
- Right onto path up hill to finish line

All courses are PRELIMINARY pending permits and approvals.