

BIKE COURSE

» 56 Miles

- Start: Transition at Olin Park
- Left onto Olin Turville Ct
- Left into furthest left lane of John Nolen Rd
- Jump onto Capital City Trail at Rimrock Rd and John Nolen Rd
- Continue on Capital City Bike Trail
- Right on Capital City Bike Trail
- Cross South Towne Dr. and continue to
- Right on Capital City Bike Trail
- Left on Lake Farm Rd (Turns to Badger Rd)
- Right on Meadowview Rd
- Left on Lalor Rd
- Left of Hwy B
- Right on Sand Hill Rd
- Right on Rutland Dunn Town Line Rd
- Continue on E. Netherwood St (becomes W Netherwood Rd)
- Left on N Bur Oak Ave
- Continue straight onto S Bur Oak Ave
- Right on Lincoln Rd
- Left on Hillcrest Ln
- Right on Co Hwy A
- Right on Tipperary Rd
- Left on Co Hwy A
- Right on Co Hwy D
- Left on Judd Rd
- Left on Sun Valley Pkwy (Turns to Paoli Rd)
- Left on Observatory Hill Rd
- Right on Co Hwy A
- Left on E Cates Rd
- Follow to the right, becomes Schafer Rd
- Follow to the left onto Frenchtown Rd
- Left on Frenchtown Rd
- Left on Co Hwy D
- Right on Co Hwy A
- Right on Tipperary Rd
- Right on Co Hwy A
- Left on Hillcrest Ln
- Right on Lincoln Rd
- Left on S Bur Oak Ave
- Continue straight onto N Bur Oak Ave
- Right on W Netherwood Rd (becomes E Netherwood Rd)
- Becomes Rutland Dunn Town Line Rd
- Left on Sand Hill Rd
- Left of Hwy B
- Right on Lalor Rd
- Left on Goodland Park Rd
- Right on Lalor Rd
- Right on Meadowview Rd
- Left on Lake Farm Rd
- Right on Capital City Bike Trail
- Cross South Towne Dr. and continue Left on Capital City Bike Trail
- Left on Capital City Bike Trail
- Jump off trail at Rimrock Rd into furthest right lane of John Nolen Rd
- Right on Olin-Turville Ct
- End: Transition

Aid Stations:
Mile 14.5: Rome Corners School
Mile ~30: TBD
Mile 40.0: Rome Corners School

- T** TRANSITION
- #** MILE MARKER
- 💧** AID STATION

